

Every month your child uses **Verbalise**, they master **200+** **vocabulary items – words, synonyms and antonyms.**

This guide shows you exactly how to make that happen

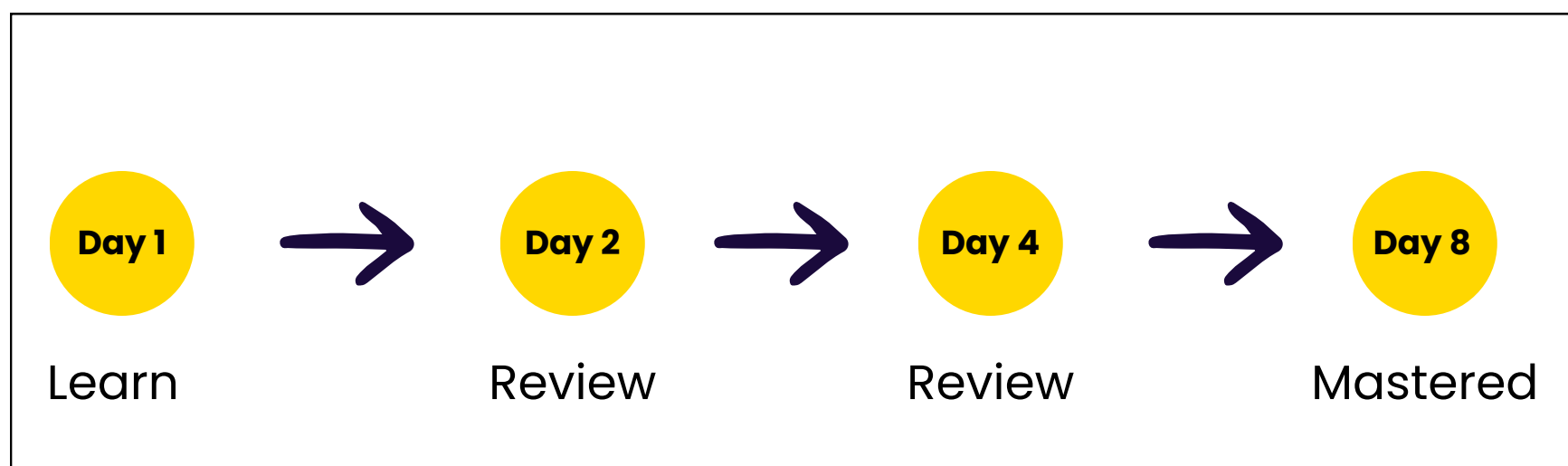
Why daily use is the secret
The 3 learning modes explained
How many words your child
will learn by exam day
How to get started

Takes 5 minutes to read. Changes everything



The **ONE** rule that makes everything work.


Verbalise uses **spaced repetition** – the most scientifically proven memory technique in existence. The app tracks exactly when your child is about to forget each word and reviews it at precisely that moment.



Same time every day = best results.
10 minutes daily beats 1 hour weekly.
Every single time



How much your child will learn

TIME	RECOMMENDED	AMBITIOUS	CHAMPION
 1 Month	45 words ~ 135 synonyms ~ 37 antonyms <hr/> ~217 TOTAL	60 words ~ 180 synonyms ~ 49 antonyms <hr/> ~289 TOTAL	75 words ~ 225 synonyms ~ 62 antonyms <hr/> ~362 TOTAL
3 Months	135 words ~ 405 synonyms ~ 111 antonyms <hr/> ~651 TOTAL	180 words ~ 540 synonyms ~ 148 antonyms <hr/> ~868 TOTAL	225 words ~ 675 synonyms ~ 185 antonyms <hr/> ~1,085 TOTAL
6 Months	270 words ~ 810 synonyms ~ 221 antonyms <hr/> ~1301 TOTAL	360 words ~ 1,080 synonyms ~ 295 antonyms <hr/> ~1,735 TOTAL	450 words ~ 1,350 synonyms ~ 369 antonyms <hr/> ~2,169 TOTAL
12 Months	540 words ~ 1,620 synonyms ~ 443 antonyms <hr/> ~2,603 TOTAL	720 words ~ 2,160 synonyms ~ 590 antonyms <hr/> ~3,470 TOTAL	900 words ~ 2,700 synonyms ~ 738 antonyms <hr/> ~4,338 TOTAL



Everything your child sees when they open Verbalise

Simple. Clear. Ready in seconds

1 — Learning Mode

See and change your child's current learning mode here anytime.

2 — Curriculum Progress

Tracks which word groups have been completed across all 1,100 words.

3 — Today's Session

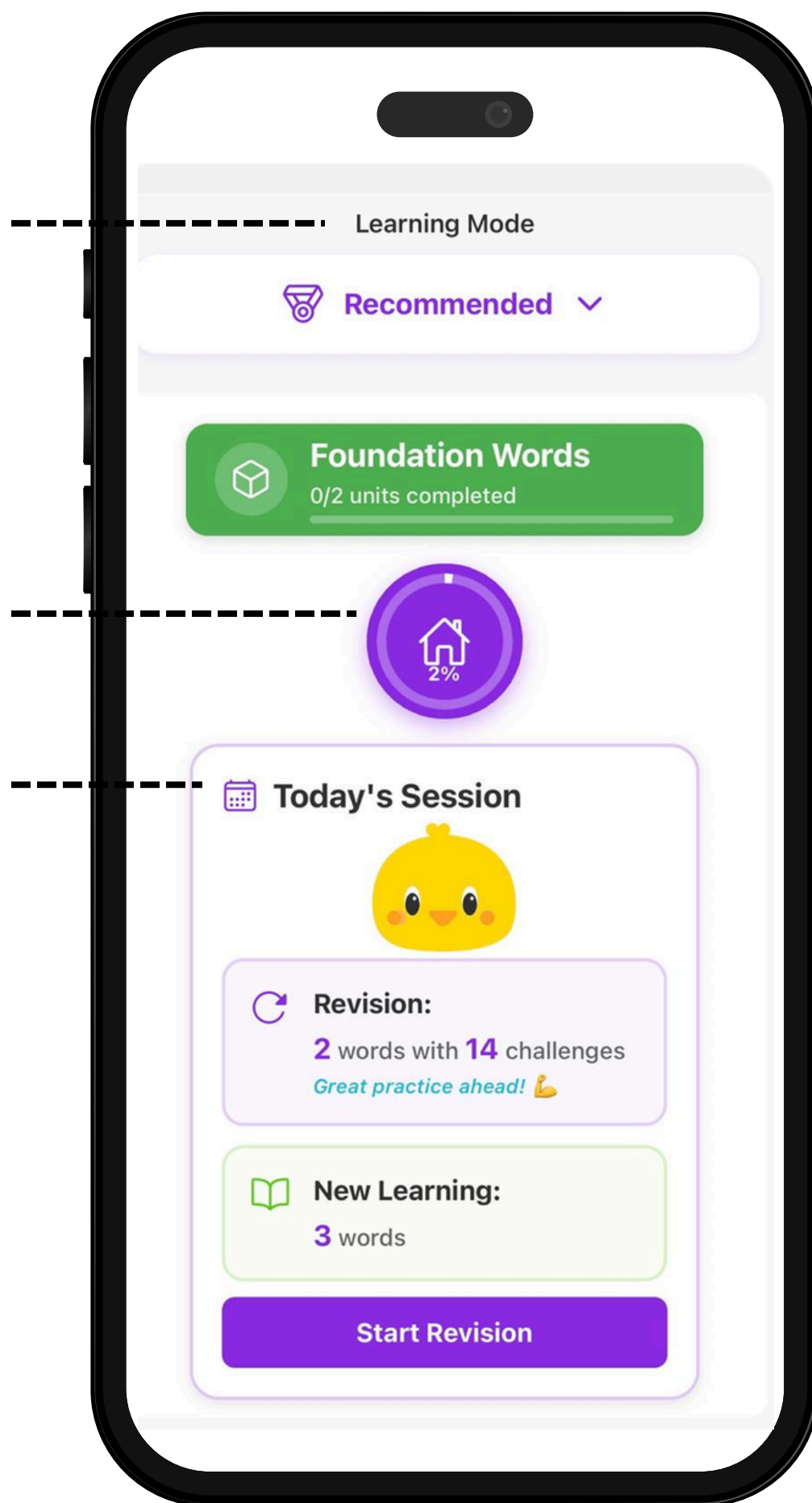
Every day the app prepares a personalised session — no planning needed.

Revision

Words already learned that are due for review today. The app calculates the exact right moment based on spaced repetition.

New Learning

New words for today. The app adjusts this daily based on revision load and learning mode.



Track your child's progress

Every session. Every word. Every day.

1 — Overall Progress

Total words mastered out of 1,100. The purple arc fills as your child works through all high-frequency words.

2 — Three Word Levels

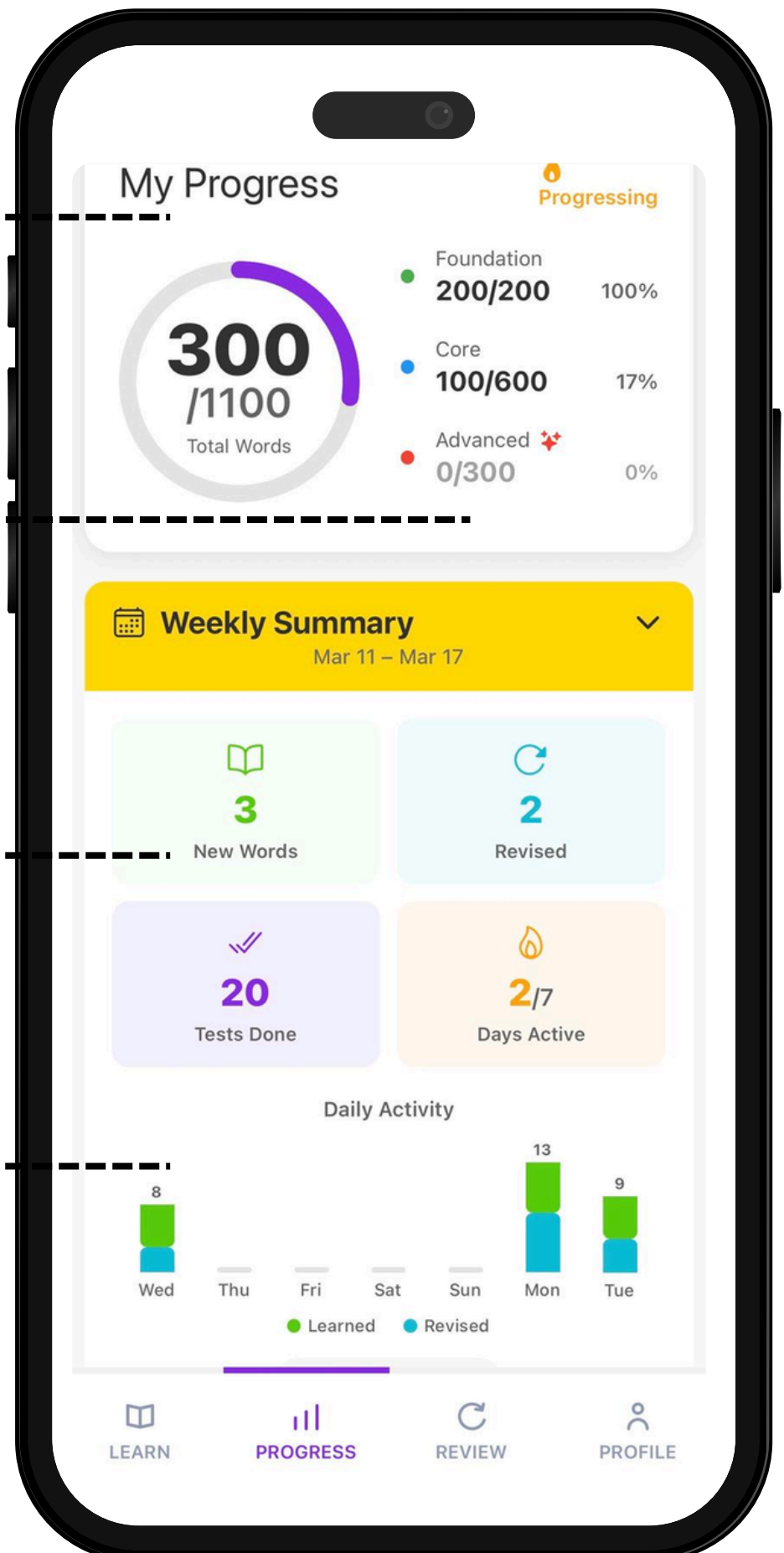
Foundation → Core → Advanced. Your child progresses through each level automatically.

3 — Weekly Statistics

New words learned · Words revised · Tests completed · Days active. **Aim for 7/7 days every week!**

4 — Daily Activity Chart

See exactly which days your child used the app this week. Each bar shows words learned and words revised per day. **Aim for a bar on every day.**



Know exactly Where to improve

1 — Automatic Review Scheduling

Words flagged here are already scheduled into daily sessions **automatically** — nothing extra for your child to organise.

2 — Recently Learned Words

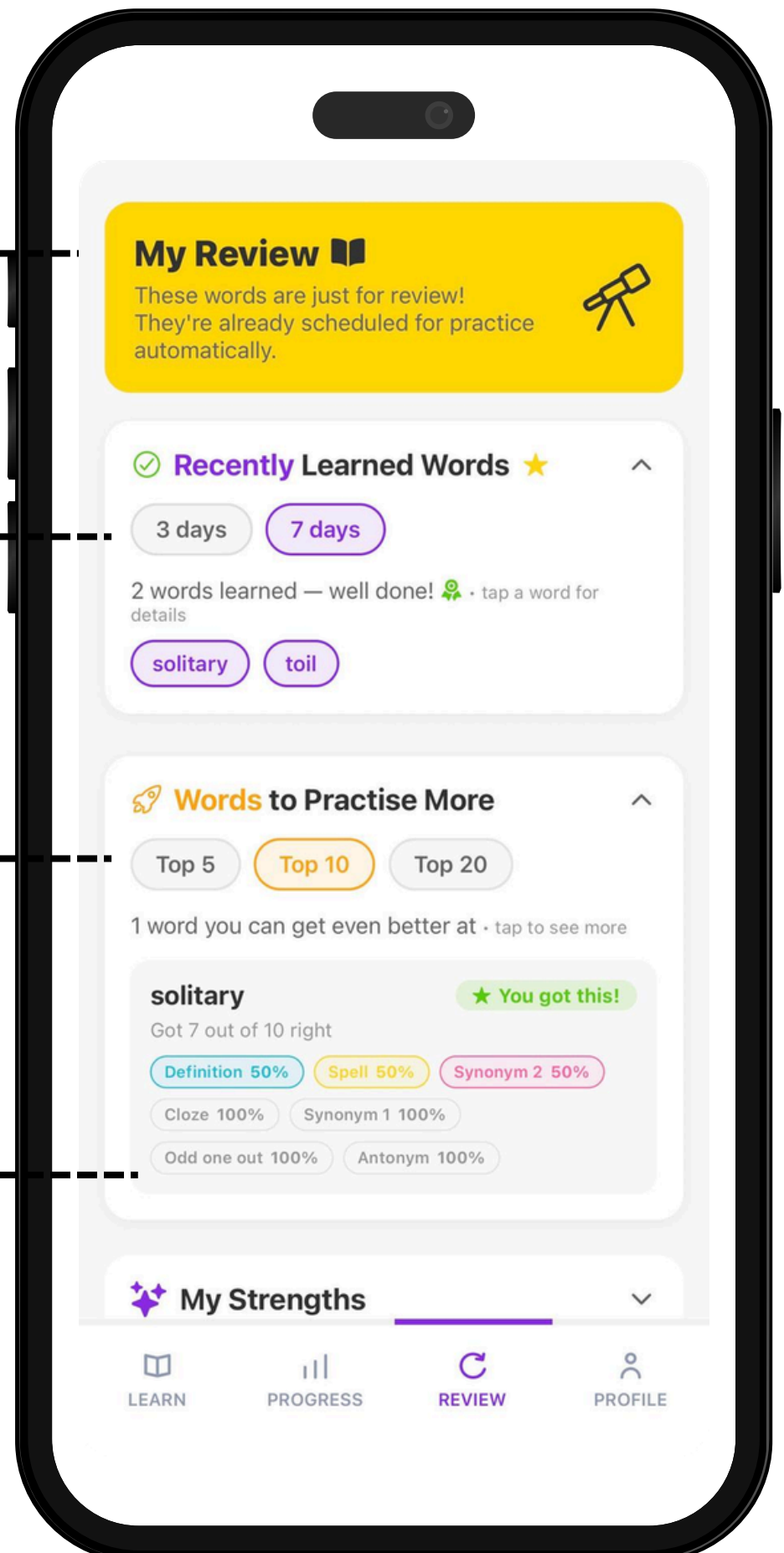
Browse the vocabulary your child has learned recently. Filter by 3 or 7 days. **Tap any word** to see its full details.

3 — Words to Practise More

The app identifies which words need more work and **ranks them**. Filter to see top 5, 10 or 20 words to focus on.

4 — Skill Score Breakdown

Each word is tested across six skills — **Definition, Spelling, Synonym, Antonym, Cloze** and **Odd one out**. Scores show **exactly which skill** needs improvement.



YOUR FIRST DAY

Getting started

Follow these steps on day one and you are ready to go.

1 Select your learning mode

Begin with **Recommended** mode – the perfect balance of new words and a manageable daily time. As your child grows in confidence, upgrade to **Ambitious** or **Champion** to achieve even more progress.

2 Complete your first session

Since this is your child's first session, there are no **revision words yet** – just fresh new words to learn. Tap Start and enjoy the beginning of the journey. **Revision begins tomorrow.**

3 See progress and celebrate

After completing the session, tap the **Progress tab** to see exactly what your child has learned today. Share their results and celebrate every first step – it all adds up.

Get ready for tomorrow

What your child learns today will appear in **tomorrow's revision** – alongside fresh new words to learn. This is **spaced repetition in action**. Each day builds perfectly on the last.





Common questions

Q: What if we miss a day?

A: Just continue the next day. The app adjusts automatically. Consistent weeks matter more than perfect days.

Q: Can we change the mode later?

A: Yes – anytime in the Learning tab. We suggest trying a mode for 4 weeks before switching.

Q: How soon will we see results?

A: Most children notice improvement within 2–3 weeks of daily use.

Q: Which mode should we start with?

A: Recommended. It is the ideal balance of progress and manageable daily time.

Q: Are these words really used in SATs and 11+ exams?

A: Yes. Vocabulary is drawn from:

- KS2 National Curriculum (Years 5–6)
- SATs reading papers (2016 onwards)
- GL and CEM 11+ exam materials

